

ABOUT SPINNAKER SAILING

Established in 1980 Spinnaker Sailing has been teaching people to sail for over 20 years. Spinnaker Sailing is an Affiliate of both the American Sailing Association and US Sailing Association.

Since 1980 Spinnaker has taught over 10,000 people to sail and in the process has established itself as an industry leader in sailing education.

Spinnaker Sailing is committed to providing safe, fun, and informative sail training.

THE INSTRUCTORS:

The instructors at Spinnaker Sailing are dedicated professionals, men and women who have made teaching part of their careers. Their experience includes everything from racing to world cruising on big and small boats. Besides being great sailors they are also great instructors, insuring a safe and enjoyable time on the water.

THE BOATS:

Although different size boats are available, a leading premise behind team spinnaker programs is that multiple teams are on the water on evenly matched boats. Having boats of similar design, evens the playing field. The results of those teams that work and perform well together are immediately recognized.

All boats are professionally maintained and fully equipped with all safety gear.

LOCATION:

TEAM SPINNAKER is located at 451 Seaport Ct. (The Redwood City Marina)
Redwood City, CA. 94063. Our phone # is (650) 363-1390. Visit our website at:
www.spinnakersailing.com

Team
Spinnaker



Centrally located on the San Francisco Peninsula, this location was selected for its easy commute options for Silicon Valley, San Francisco or East Bay companies.

Team Spinnaker provides access to the best sailing conditions in the Bay Area. No summer fog, warmer temperatures, moderate winds, and considerably smoother sea conditions are

all features that make Redwood City an ideal sailing environment for corporate training. Most of our participants have never sailed before.



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TEAM

Sailing

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Welcome to TEAM SPINNAKER



TEAM SPINNAKER offers exciting and effective teambuilding and offsite events utilizing sailing as the main component!

A division of Spinnaker Sailing, TEAM SPINNAKER, offers exciting and effective teambuilding and offsite events utilizing sailing as the main component.

Our programs are designed to bring people together in a fun and challenging environment. Using sailing as the primary component, participants enjoy learning how to operate a sailboat while interacting with each other in a fun environment.

One of the great things about this program is that participants don't have to have previous sailing experience or be overly athletic to participate equally.

TEAM SAILING

Teamwork is the quintessential component of sailing. Your team will work together from the moment they board the boat. All participants will be actively involved in steering, trimming sail, maneuvering and working as a team to sail the boat! The day begins with a short

introduction to sailing in which participants learn the basic fundamentals of sailing and become familiar with equipment.

From there, each group will venture out onto the water to spend time practicing basic maneuvers, giving each person a chance to steer and trim sails.

Once a basic understanding and competency is established the teams will progress to a sailing regatta. The regatta provides an exciting and invigorating venue in which sailors match skills and teamwork around a race course.

The whole sailing experience emphasizes safety, fun, and teamwork.

ONE DAY PROGRAM

Event runs from 10:00 am til 4:00 pm

10:00 -10:10 am - Welcome...Meet Instructors, break up into teams and receive boat assignments.

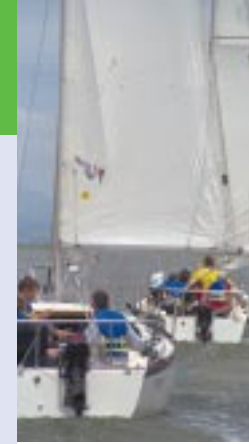
10:10 til 10:30 am - Board boats and go through a basic introductory lesson on sailing fundamentals, basic equipment operation and safety.

10:30 - 11:45 am - On the water practice. Each team will venture out on the water to



Besides being a fun event TEAM SPINNAKERS programs help to:

- Develop Leadership Skills
- Improve Communication Skills
- Develop Comradeships
- Solve Problems
- Understand Changing Environments



practice steering, trimming sails, tacking, jibing, and wind recognition. Each member of the team will have a chance to rotate through the various positions on board to become familiar with the dynamics of each position. Here the team starts to form.

11:45 - 12:00 noon - Return to the marina for Lunch

12:00 noon - 1:00 pm - Lunch Ashore

1:00 - 4:00 - Return to the boats and venture out on the water for a series of races. 4 races are usually scheduled so that each team will have a chance to work on improving their performance.

4:00 - Return to Dock for wrap up and results.

What's Included: (One Day Program)

Boats: All boats come fully equipped with all safety equipment and life vests.

Instructors: Each sailboat involved in TEAM SPINNAKER programs will be skippered by an experienced and certified sailing instructor.

Food and Beverage: All participants receive a complete lunch including assorted beverages. Lunches range from Gourmet box lunch to full BBQ buffet.

Optional Extras

Morning continental breakfast

Post race awards

Post race food and beverage.

Theme settings for lunch and post race party
Memorabilia - Shirts, jackets, hats, etc.

Custom Programs Available

Team Spinnaker can also custom tailor events to meet your needs...Including classrooms, facilitators, shorter or longer events...Call to request options.